



## Evergreen Path

### What to Bring

Upon arrival, your luggage will be inspected by one of our care coordinators. The purpose of inspection is to ensure safety and to remove prohibited items mistakenly packed for your treatment stay.

#### What should I bring to treatment?

- A list of phone numbers of family you wish to involve in your treatment.
- Current prescription medication must be in original pharmacy bottles with the label intact. Open medications will not be allowed due to the risk of drug contamination and tampering.
- A list of all medicines, dosages, and history
- Insurance cards and driver's license or ID card
- Stationery and postage stamps
- Pictures of loved ones
- Recovery-related reading material
- Any school-related materials, such as textbooks and notebooks without wires

When packing clothing, it is a good idea to pack layers to accommodate for the weather in beautiful Fort Worth, Texas.

- One week of casual clothing (cannot be revealing): t-shirts (cannot promote inappropriate messages, such as gangs or drugs), jeans (ripped jeans are okay, but no holes bigger than the size of a Tennis ball and must be below the knee), comfortable pants, shorts that come down to the knee, workout wear (such as athletic shorts), and sweatshirts.
- You may wish to pack a couple of nicer outfits for offsite outings.
- Shoes: Tennis shoes for recreational exercise, comfortable/casual footwear
- Long and short sleeve shirts: No tank tops and no vulgar or substance-related slogans or artwork on any item of clothing.
- Socks, undergarments, and pajamas (must be to the knees)
- Coat or light jacket
- Underwear, bras, panties
- Toiletries, such as body wash, shampoo, toothbrush, and toothpaste. We provide bedding and clean towels.



## Is there anything I should not bring?

### Safety Risk List (Prohibited Items):

- Alcohol, nonprescription drugs, or over-the-counter medications (OTC medications must be given to staff on arrival and approved by the physician before being used)
- NO food or drinks of any kind
- Valuables (such as expensive/sentimental items)
- Jewelry (unless approved), additional piercings.
- Electronics/Electrical items (anything WIFI accessible, including phones, laptops, mp3 players, CD and DVD players, radios, loose batteries, electrical cords, and electronic games)
- Weapons of any kind
- Razors (disposable razors will be provided and able to be used, once a week, under staff supervision)
- Nicotine/Tobacco products (including vapes), lighters, matches.
- Cameras or pornography
- Any aerosol cans.
- Makeup (Small daily bag allowed in hygiene closet)
- Pens/pencils (only with staff supervision), pencil sharpeners, scissors, permanent markers, paperclips, staples, craft supplies
- Belts, hangers, plastic bags
- Tin cans, glass, metal, pottery

## What if I don't pack enough clothing?

You will have access to laundry machines and detergent is provided. If you require special detergent due to allergies, please let us know.

## What to expect upon arrival?

- Parents or legal guardian will be signing paperwork for their adolescent. The paperwork takes about 45 minutes.
- Please bring a copy of the adolescent's ID (if applicable) and copy of insurance card.
- Provide a credit/debit card to be placed on file.

- Please have a list of names and phone numbers for any family members, school, doctors or psychiatrists, therapists etc. to obtain a release of information during your child's stay
- Your child will meet with nursing while you complete paperwork, then you will meet with nursing prior to your child being admitted.